

Tuolumne County Youth Football & Cheer

Football Handbook (page 2)

- Wear your mouthpiece when required and keep a spare.
- Come to practice prepared to work
- Learn the rules of the game.
- Know the name of each position.
- Arrive on time for practices and games.

REWARDS:

Reward can come in two forms, verbal and material. Many of the rewards a player receives are from positive reinforcement from coaches and parents. Game captains will be used to honor our hard workers. However, the best reward is always a smile and a pat on the back by a parent.

DISCIPLINARY ACTIONS

Normally, running or up downs will be/not be used to discourage unacceptable behavior. Running is an everyday part of practice. A player could be asked to leave practices early for severe incidents (fighting or profanity). If a parent is not present the player will be supervised until the child is picked up. The last resort is to use the game suspensions.

FIELD POSITIONS

During the first few weeks of practice the coaches will decide the best position for each player. In general, the fastest kids play in the backfield on both offense and defense. The biggest most heavily built kids play on the line. Aggressive kids who combine speed, strength, and agility play linebacker. Taller kids who have some quickness play end, offensive end if they can catch and block, defensive end if they can make tackles.

The quarterback is the one who has it all: knows every position, agility, good hands, a strong arm, and the ability to complete passes. He must be able to receive snaps, remember plays, and hand off the ball securely.

A kid's attitude plays a large role in the position they play. The kid who has a bad attitude will see limited play time. A negative attitude is costly. Remember the unsung heroes are the offensive and defensive linemen.

When selecting starting player, attitude and desire wins over ability every time. CAN'T has no place on this football team.

PLAYING TIME

Each player will play a minimum of 1 play in each game including special teams. As coaches our goal is to get each player a maximum of play time. This will largely depend on the attitude and desire of the player.

WINNING

Nothing in life, including football, is worthwhile unless you enjoy it and gain something from the experience. Sure, we're trying to win football games and we are going to set our goals high, but we don't want it to ruin our lives if we lose. We don't want our football team to believe that a football loss is a tragedy because it's not. All we can ask of our kids is to do their best. If we win, Great! If we lose, it's not the end of the world. There is another game next Saturday.